



LEAP/MRT Client Contract

I, _____, understand that as a LEAP/MRT client with Courtney Rinehold RDN, CDN, CGP that for the LEAP MRT program, I am entitled to the following interactions/consultations:

- Overview info on LEAP/MRT program will be sent to you via email or can be picked up in person
 - Courtney will review your health history & symptom survey forms prior to initial consult
 - Set-up for laboratory/blood draw for MRT testing/FedEx Express shipping of blood sample to lab
- Consultation 1: Initial Consultation & Health Assessment (approximately 90 minutes)

Once MRT results are Available:

- Consultation 2: MRT Results & LEAP Phase 1 (approximately 90 minutes)
- Consultation 3: Phase 1 follow-up is ~10-14 days after starting LEAP Elimination Diet (approximately 60 minutes)
- Consultation 4: Phase 2-5 follow-up is ~30-45 days after starting LEAP Elimination Diet (approximately 45-60 minutes)
- Consultation 5: Phase 6 follow-up is ~60-90 days after starting LEAP Elimination Diet (approximately 30-60 minutes)
- Consultation 6: 4-6 months after starting LEAP Elimination Diet (conclusion of LEAP/ long-term planning, approximately 30-60 minutes)

Sometimes sessions may vary in length from 20 minutes to 120 minutes and some of them may be completed by phone, Skype or email if agreed upon by both parties and total time will not exceed a total of 7 hours. See the detailed pricing brochure for options on available LEAP MRT session packages.

I understand that the LEAP dietary protocol only works if I follow the LEAP Elimination diet, as directed, and that Courtney, the Certified LEAP Therapist will be available to assist me with any questions I may have in a timely manner. I understand that with my package I am entitled to 1 brief email, text, or 5 minute phone call each week should I have questions between appointments. Anything more than this should be scheduled through the office as a mini-session (15-30minutes), which can be done via phone, Skype, email, or face-to-face. This also applies to any meal planning or recipe guidance beyond what is provided with the initial MRT results session. Further meal planning support can be purchased or can be taught during a session specific to that topic.

I also understand that should I choose not to complete my sessions, I am not entitled to a refund. Though amazing results are quite possible, there is no guarantee that this program will cure any symptom or disease, and if I don't follow recommended protocol my results may be compromised. The more sessions that are held, the better results you are likely to achieve because more education can be done on LEAP, healing the gut, nutrient deficiencies & supplementation, balanced meal planning, eating out, exercise, stress relief, & more!

I also understand that if I will show up more than 15 minutes late, I cannot be guaranteed my spot will be held and I will likely need to reschedule by calling the office 260-222-7401.

Finally, I understand that most patients see results in two weeks; however, occasionally, patients take longer than 6 months to heal and that if I would like more sessions to continue my treatment, I can contact the office to schedule more appts as needed.

Signature: _____ Date: _____

To schedule or cancel appointments please contact:
The front desk of the Fertility & Midwifery Care Center
10228 DuPont Circle Drive East, Suite 100
Phone: 260-222-7401
Visit www.rinehold.com for more info or
email Courtney Rinehold, RDN, CDN, CLT, CGP @ courtneyRD83@gmail.com